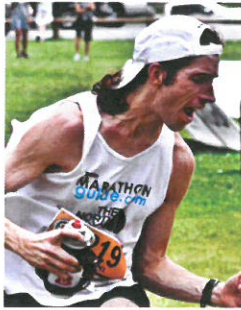


ARLINGTON SPORTS HALL OF FAME

2012 INDUCTEE – MICHAEL R. WARDIAN



Michael Wardian grew up in Fairfax and graduated from Oakton High School. He started running competitively in 1996 after finishing his lacrosse career at Michigan State University, where he played attack for the Division 1 team.

His first marathon was the Marine Corps Marathon in 1996, where he finished with a time of 3:08 and qualified for the Boston Marathon. Since then, Michael has become one of the world's premier and most prolific long distance runners, completing more than 150 marathons, 60 Ultra Marathons on three continents and 20 triathlons, including the Iron Man Lake Placid.

In the 2011 Marine Corps Marathon, Michael came in 2nd with a time of 2:23:46. He has also won six of the past seven National Marathons in DC.

Michael is a 3-time USA Olympic Trials Qualifier in 2004, 2008 and 2012 with a personal best marathon time of 2:17:49.

He is a five-time member of Team USA for the 100K World Championships in 2008, 2009, 2010, 2011 and 2012. In the 26 years of this competition, Michael led the team to the first ever Team Gold Medal for the USA Men. Michael is a two time member of Team USA for the 50K World Championships in 2009 and 2010. In both years, Michael was the Bronze medalist for the USA.

Runner's World magazine has called Michael "the world's fastest megamarathoner." As an ultra marathoner, he was a 3rd place finisher at the 135-mile Badwater Ultra Marathon held in Death Valley, California in July, 2011, where the average temperature was 121 degrees. In another ultra marathon, Michael was the highest USA men's finisher ever at the "Marathon Des Sables," where he finished 3rd in the 150-mile Stage race across the Sahara Desert held in 2010.

Michael has been selected USA Track & Field's (USATF) Ultrarunner of the Year in 2008, 2009, 2010 and 2011, and in 2010 the International Association of Ultrarunners also named him Ultrarunner of the Year. He has won seven USATF national championships in the 50K, 50 Mile and 100K.

Michael has lived in Arlington since 2000, and he works full time as an International Ship Broker for Potomac Maritime, LLC in Washington, D.C. He and his wife, Jennifer, have a 5-year old son, Pierce, and 3-year old son, Grant.